

**Is the drive to work driving you crazy?**

**Do gas prices leave you fuming? Are you interested in carpooling, but don't know where to start?**

Then check out Canada's rideshare database at [www.carpool.ca](http://www.carpool.ca)!

If you typically drive to and from work each day, arranging a carpool with others will save you time and money as well as reduce stress and congestion on Canada's roads.

Did you know that almost 80% of the cars on Canada's roads are occupied only by their driver? That certainly adds up to a lot of empty seats!

In order to encourage and facilitate carpooling, Carpool.ca offers a **free** on-line ridematching service to those wishing to explore carpooling options.

To find a potential carpool partner, visit the Carpool.ca website and add your file to the database. Should you wish to explore carpooling options, you can then contact any of the potential matches provided by the database. It's easy, and you make no commitment by signing up.

So what do you have to lose? Sign up today and begin saving money and the environment!

**Remember....**

**Carpooling CAN be flexible!**

Try it out! By carpooling once or twice a week, or once or twice a month, you can make it work.

You don't need to give up your car completely. Once you get into an established routine, you always have the option of increasing your carpool trips.

So leave your car at home once in a while and let someone else do the driving—you'll be glad you did!

**www.carpool.ca**

**For more information,  
please contact**

**Trans Canada Carpool.ca at  
[information@carpool.ca](mailto:information@carpool.ca)**

**www.carpool.ca**

**Do Your Bit...  
Share It!**



**Stress, gridlock, road  
rage... who needs it?  
Reduce congestion and  
emissions by sharing your  
commute.  
You'll be glad you did!**

## What is Carpooling?

Carpooling is defined as two or more persons sharing their daily commute on a regular basis.

## Who benefits?

**Your wallet:** The Canadian Automobile Association reports the average yearly cost to operate a car can be as much as \$9,000 year, or nearly \$25 per day! Carpooling can help you offset these costs. The more people you share your commute with, the more you can expect to save.

**Your health:** The congestion and volume of traffic on the roads are a major source of stress for many drivers. Studies show that those who commute by means other than a single-occupancy vehicle demonstrate lower levels of stress, higher morale, and lower blood pressure.

**The environment:** The environment is everyone's business. Using fewer cars means less pollution, conservation of habitat, and less demand for new roads and parking lots. Using fewer cars also means less production of greenhouse gases, a major contributor to climate change. Carpool regularly and you can feel proud that you're helping the environment.

## How do I find a carpool partner?

**It's easy, just follow these 3 easy steps!**

**Step 1:** Visit [www.carpool.ca](http://www.carpool.ca) and register on-line by providing the system with information about your commuting habits.

**Step 2:** While on-line, request a 'match list'. This is a list of matches that the system has determined as compatible based on the information you have provided.

**Step 3:** Make a connection. Contact those on your match list to determine whether a carpool can be arranged.

## What if I don't have a match?

If this is the case, remember you can check the system on a regular basis for new matches. As the database grows, so does the potential for matching.

## Are participants screened?

No. The Carpool.ca system is provided solely to assist commuters in identifying potential carpool partners. Carpool.ca, its partners and sponsors, do not screen participants. We do not run background checks on participants, check for valid drivers' licenses, or assess insurance coverage. We highly recommend getting to know your carpool partners before you begin carpooling.

## How do we make it work?

It's always a good idea to get together as a group and set a few ground rules. This gives everyone a chance to be upfront about their expectations. Some points for discussion include:

**Who drives?** Is it a shared driving situation or is there one designated driver and vehicle?

**Smoking/Eating:** Is it a non-smoking carpool? Will eating be allowed?

**What are the costs?** Establish a fare and payment schedule and stick to it.

**Where/When do you meet?** Determine where you will meet, at what time, and how long you will wait for someone who is late. Be on time.

**Extra stops...** Everyone wants to get to work on time and get home on time. Eliminate extra trips from your carpool route.

**The Back-Up Plan...** For those rare occasions when the car won't start, make sure you have a current list of home, work and cell phone numbers.

## How do we keep it working?

The key to long term success in any relationship includes communication, understanding, respect, honesty and flexibility. Your commitment to carpooling can result in long term savings and unexpected friendships.

**Carpool.ca... There IS a Better Way to Get There!**